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County Life

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January 26, 2023

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Winter at Point in Time

Check out this season's Point in Time updates on page 2.

Predators prowl Haliburton Forest

See photos from Yours Outdoors' new experience on page 5.

Naturally Yours

Rick Whitteker features Minden Wild Water Reserve on page 7.

Valerie is half peregrine and half Gyrfalcon, waits patiently for dinner while falconer Amy MacAlpine answers some questions from the crowd during Yours Outdoors' first Predator Prowl held at the Wolf Centre at Haliburton Forest and Wildlife Reserve on Saturday, Jan. 14. See more photos on page 5. /VIVIAN COLLINGS Staff

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What's happening at Point in Time?

Update on services and supports

We are continuing of offer mental health and counselling supports through a number of ways: in person at our offices or the Youth Hub, virtually via zoom or by phone. Our office hours are 8:30 a.m. to 4:30 p.m. and appointments are available as needed after hours as well.

We offer Quick Access Clinics where individuals or families can be seen quickly by calling 705-457-5345 or texting 705-854-0576 to set up an appointment.

We are open for crisis calls from 8:30 a.m. to 4:30 p.m., Monday to Friday, and work with another agency, 310 COPE, to provide after hours coverage. We work together to ensure there is around-the-clock crisis supports. For after hours crisis support, please call or text 310-COPE at 1-855-310-2673.

Early Intervention update

Mother Goose and Infant Massage at the Early ON Centre is coming back soon! Check our website and Facebook page for updates.

We are continuing to support children and families with special needs through individualized supports. A child does not require a diagnosis to access Early Intervention services. You can contact Point in Time staff at (705) 457-5345 to book a Quick Access appointment.

Youth Hub update

Staff continue to see youth face to face, by phone, in the community or via or Zoom for scheduled appointments. Our nurse practitioner, counselling, peer support, IPS worker, and care co-ordinator are available for face to face meetings at the Hub.

Youth who need space to do homework or just get out and relax are encouraged to text or call to connect with someone at the Hub. Exam prep drop-in will be offered after school on Jan. 17 and 19. Check out our calendar on Instagram @ Halicountyyouthhub to keep up to date on all of our drop-in activities and mobile share and care.

Welcome new staff

Point in Time welcomes to the team Randi Cooper, driver for Point in Time and the Youth Wellness Hub; Kalyna Thurlbeck, child, youth, and family therapist; and Jenn McGovern, family support worker.

Indigenous peer navigator

Ashley Wilson is the Indigenous peer navigator at Point in Time. She provides both one on one peer support and community outreach to Indigenous youth and/or their families in the community. Ashley is also available to provide peer support to fellow colleagues in their roles who may also be supporting clients who identify as indigenous. Ashley will be offering land based teachings as well as textile arts focusing on the medicine wheel framework in the New Year at the Youth Hub. You can reach her at 705-854-1649.

Chamber Gala Awards

The Haliburton County Youth Wellness Hub recently won Not-for-Profit of the Year along with Canoe FM at the Haliburton Highlands Chamber Gala! Point in Time also won the Haliburton County Warden's award. Congratulations to our dedicated staff and board members, and thank you to the Chamber and community for the nomination and awards. Thank you for the holiday donations.

Staff and board members at Point in Time sincerely thank community members and agency partners that helped contribute to creating lasting memories for many families in our area this past holiday season. Your generous donations are always appreciated!

Submitted by Point in Time

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Razzamataz breaks barriers

A dancer from Indigenous dance group, *Odawa Wiingushk*, performs at Razzamataz at the Northern Lights Performing Arts Pavilion on Sunday, Jan. 15. Funded by Ontario Presents, the performance "aimed at shining a spotlight on under-served artists who are often made invisible by barriers such as race, language, and sexual orientation and in this case, a colonial legacy," through an immersive experience for children, said Nicole Stewart, chair of Razzamataz. /ADAM FRISK Special to *County Life*

The Razzamataz audience joins in a dance with Indigenous performers, *Odawa Wiingushk*, at the Northern Lights Performing Arts Pavillion on Sunday, Jan. 15.

County Life

The following inserts are being distributed with County Life this week:

Canadian Tire *
Foodland *
Minden Valumart *
Pharmasave *
Rexall *
Shoppers Drug Mart Haliburton *
Todd's Independent *
Godfather's Pizza *

All inserts are to selected distribution areas.

For information on how your flyer can be inserted each week in County Life please contact Melissa Armstrong at **613-332-2002** or **melissa@haliburtonpress.com**

Don't be a 'wishcycler'

JOHN WATSON

Special to *County Life*

If you give someone in Ontario a recycling bin, most will have a sense of what should go inside it. We've been recycling in Ontario since the 1980s, so we've created an almost "collective unconscious" for recycling. Metal cans and plastic bottles? Yes, they can be recycled. Newspaper? Check!

However, all municipal recycling programs have lists of what's accepted, and what's not accepted. And these lists of materials are different from one municipality to another. These differences are caused by processing technologies (do you have the machines or people to sort it), the marketability of some materials (do businesses want to buy a particular material for recycling), and even the proximity to available markets (how far do you have to haul a material to be recycled).

Part of the aim of the new Ontario Regulation 391/21 "Blue Box"—which comes into full effect on January 1, 2026—is to standardize acceptable Blue Box materials across the province.

Until we get to the complete implementation of that regulation, people need to be very aware of what's accepted in their municipality's recycling program.

First, it's important to note municipal recycling programs are for paper products, packaging, and packaging-like products. A garden hose is not a paper product or packaging, and so it's not accepted in the recycling bin (it goes in the garbage).

Second, here in the County of Haliburton, all four of the lower-tier municipalities (Dysart et al, Algonquin Highlands, Highlands East, and Minden Hills) operate "two-stream" recycling systems—which means that containers (like cans and bottles) are separated from paper items. You need to separate these items in your home for recycling. Sorting at home will save you time when you visit your local waste disposal site.

Third, you don't have to completely remember lists of acceptable materials. Use prompts like printed posters and digital waste wizard lookup tools to know what's accepted in your recycling bin. You can download acceptable material posters from your lower-tier municipal website, and then hang the posters on your fridge or next to your recycling bins. Visit your local municipality's website or download the free mobile app Haliburton County Waste Wizard to learn how to properly sort your waste items. From apple to Ziploc bag, the Waste Wizard has you covered!

Fourth, don't be a "wishcycler." Wishcycling is when you "wish" an item can be recycled, so you place it in your recycling bin without truly knowing if it is accepted. Wishcycling leads to extra costs because the municipality is hauling, processing (and having to reject) items that don't belong, and then having to landfill that residual material.

One of the biggest culprits of wishcycling is plastic. Just because a plastic pop bottle or a plastic margarine tub is accepted in a municipal recycling program, doesn't mean every single plastic item is also accepted. For example, plastic clothes hangers, plastic coffee pods and plastic disposable cutlery are not accepted in any of the recycling programs in Haliburton County—so don't put them in your recycling bin!

If every household in Haliburton County sorts their recycling into containers and papers, follows their lower-tier municipal list of acceptable materials, and avoids wishcycling, our recycling programs will be more effective, capturing the correct items for recycling, decreasing contamination, and reducing costs.

John Watson is the Environmental Manager for the Municipality of Dysart et al.

A deer stands among trees in a backyard. /Submitted by Guenter Horst

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Positive cycle of care in the Highlands

MELANIE KLODT WONG
Special to *County Life*

I grew up in a rural community. When something didn't look right, like if the neighbour's cows were in the corn field or a horse ran by with no rider, you did something. We'd bring in a stray dog, carpool to community events and of course welcome someone who was stranded in a snow storm. That is just what you do. I feel that same sense of care and community here – tenfold in the context of health care. Neighbours want to help neighbours, and everyone goes above and beyond.

I said recently that we are in a positive cycle of care: great care = generous patients = opportunity to purchase innovative and up-to-date equipment = opportunity to provide great care. There is no better place to be – however, if one of those pieces drops, then the cycle is broken.

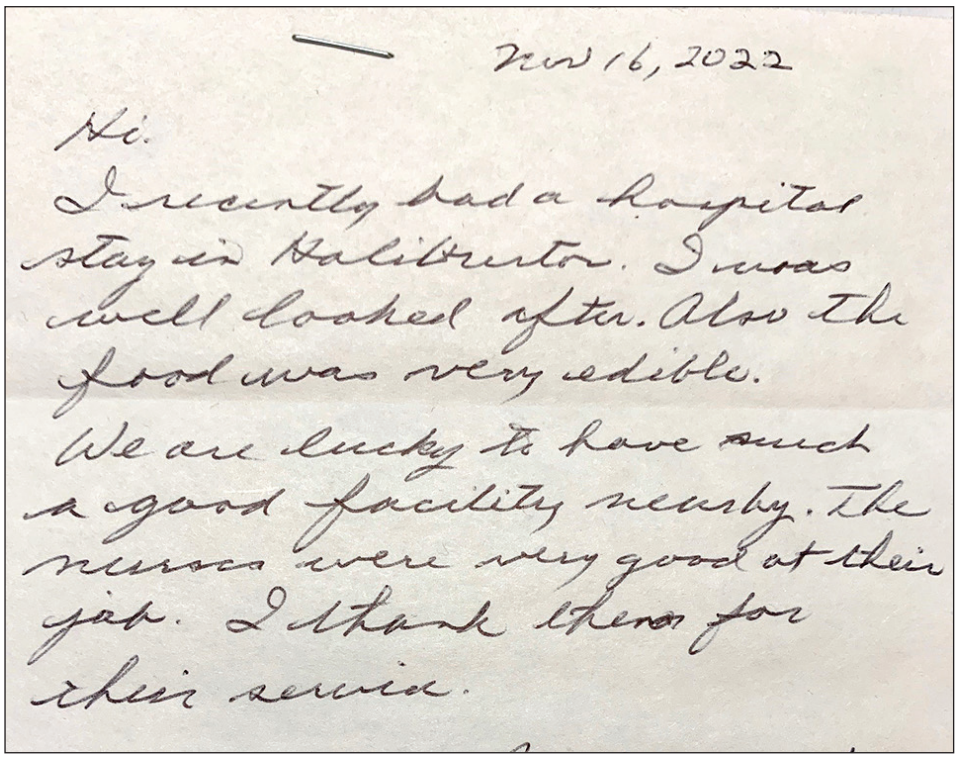
Great care comes from the unwavering, dedicated, caring and kind staff at Haliburton Highlands Health Services. HHHS health care workers care so deeply. Not only do I hear this from the staff, but also from grateful patients, who want to give back. Many of the donations we receive are a direct result of the amazing care provided at the hospitals or through community services.

The generosity of the community, including grateful patients, visitors and neighbours, has once again exceeded expectations during the Believe in the Magic of Giving Campaign. Lisa Tompkins, who retired from the role of executive director in 2022 and administrative associate, Carol Simmons, were a huge support as I walked through this endeavour for the first time. I want to thank Lisa once again for her ongoing mentorship, the leadership she provided to the Foundation over the past five years, and wish her well in her retirement. The three of us produced this campaign together, and I can't be more proud of how it turned out. The numbers speak for themselves:

With a 12 per cent increase over last year, we raised a total of $274,021. This means we can subsidize 1,202 meals for seniors in need and 387 trips to critical out-of-county appointments. It also means we have now finished funding the Nurse Call Bell system – the Long Term Care residents are very thankful for this! And many of the state-of-the-art "smart" IV-pumps have been ordered. You did this – you helped keep health care in the Highlands in the positive care cycle – and we can't thank you enough. Now, let's keep this going!

The holiday campaign may be over, however, my passion to keep health care thriving has just begun. As you may have read recently, the HHHS is working on a Master Plan and the feasibility of bringing a CT scanning machine to the Highlands. Master planning is a structured process that looks at what we have, what we need, and how we can successfully provide innovative health care in the Highlands over the next decade. Some of the ground work for this has begun, and items that we fund in the next year will only add to the Master Planning process. Your help will soon be needed to realize a new plan and bring local health care to the next level. I challenge you to start considering what you can do in the near future to further support health care needs in the Highlands. There is no better time than now to think about how we can help our neighbours and our community as a whole.

Melanie Klodt Wong is the Executive Director of the HHHS Foundation.


Nov 16, 2022

Hi.

I recently had a hospital stay in Haliburton. I was well looked after. Also the food was very edible.

We are lucky to have such a good facility nearby. The nurses were very good at their job. I thank them for their service.

A grateful HHHS patient's letter reads, "I recently had a hospital stay in Haliburton. I was well looked after. Also the food was very edible. We are lucky to have such a good facility nearby. The nurses were very good at their job. I thank them for their service." /Submitted

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Haliburton County Huskies
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1:45 p.m. Ribbon Cutting & Acknowledgements
2 p.m. to 2:45 p.m. U13 - U 18 Skate with the Haliburton County Huskies
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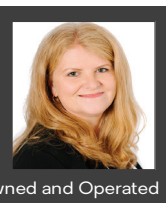

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Community Events

Send your event listing to classifieds@haliburtonpress.com

Haliburton Highlands Writer's and Editor's Network
When: HHWEN regular meeting the third Thursday of every month. Starting Dec. 15 from 1 to 3 p.m.
Where: Minden Library, Rotary Room, 176 Bobcaygeon Rd., Minden.
Gather and meet members, read stories, general news. Contact Kay Millard, Secretary HHWEN, 705-286-6635

TOPS: Take Off Pounds Sensibly
When: Monday mornings 9:30 to 11 a.m.
Where: Haliburton Legion Branch 129, upper level
Admission: Yearly membership of $59
A non-profit/commercial network of weight-loss support groups, offers programs for healthy living and weight management.

Jennifer MacKay, lead at the Haliburton Forest and Wildlife Reserve Wolf Centre, introduces the pack and shares infomation about the nature of wolves.

An American Kestrel previously rescued from Toronto Pearson Airport, named Lima, lands on the arm of a visitor.

Amazing animals of prey

Valerie eats her dinner while falconer Amy MacAlpine answers some questions from the crowd during Yours Outdoors' first Predator Prowl held at the Wolf Centre at Haliburton Forest and Wildlife Reserve on Saturday, Jan. 14. Guests were treated to an introduction to the wolves at the centre before being taken into the theatre to meet five birds from Royal Canadian Falconry. The new experience runs once a month, and more details can be found here: www.yoursoutdoors.ca/packages/predator-prowl. /VIVIAN COLLINGS Staff

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Stacey Potalivo, Brad LeBlanc Production

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Website: www.haliburtonecho.ca
Box 97, Minden K0M 2K0
Phone: 705 286-1288 Fax 705 286-4768
Website: www.mindentimes.ca

Send your letters to the editor to vivian@haliburtonpress.com. Letters must be signed and include a phone number.

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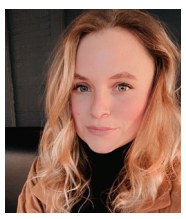
Is kindness still cool?

SOME OF you may know, but for those who do not, I am the editor of the *Minden Times*. That means that beyond this sweet space for an editorial I get bi-weekly in *County Life*, I also write regular editorials for the *Times*.

Those take a slightly different angle usually. I generally pull from a story that's detailed in the paper, and unpack that with the readers. It's grittier, relevant, and timely. Unlike this column, which I feel explores the idiosyncrasies of being a human who tries her best, but always has questions.



EMILY STONEHOUSE
Special to County Life

This past week though, I took a break from the hard-lined editor role in my editorial, and I wrote about something softer. I highlighted my experience in being a part of local events that made my heart swell. Events that featured Indigenous teachings, children laughing, and experiences for kids that connected a community.

These events made our community brighter. I gave a shout-out to Razzamataz, who partnered with Odawa Wiingushk, a dance group dedicated to celebrating and educating Indigenous culture, heritage, and pride. I watched as they welcomed the children of Haliburton County onto the stage with them, to share in special dances and moments of joy.

I then followed those children to their Jack Rabbit ski lessons in Glebe Park, where parents and caregivers cheered their little ones on; and a cold day that culminated in a cup of hot chocolate, proudly served by volunteers dedicated to making the world a brighter place.

As I waded through these journeys with the community, it was all I could think about. I couldn't wait to write about it; to highlight it for our town, to celebrate the good things.

But then I started to doubt it. I panicked. I tried to find something else to write about. I took a 180.

What if, in this editorial for a newspaper, what if it wasn't enough. What if the readers wanted the nitty-gritty. The opinions. The hard-cut perspectives. What if they needed more than I could give them.

I started to think that if I wrote an editorial about the little things, then they wouldn't trust our paper to report on the big things.

This is a world where we are constantly comparing ourselves to others. Constantly feeling all the big feelings. Constantly seeing the lives of others on display through the screens of our phones.

We see the big picture often. And no matter what line of work you are in, you will compare yourself to others. It doesn't even have to be work; the comparisons exist in every aspect. How clean your house is, how big your vehicle is, how you decorate your childrens' rooms.

Those comparisons and judgements are out there. We're surrounded.

So, I fell into the trap of comparison. The thing I wanted to write about, isn't something that's been written about before. The style I wanted to do, isn't something that was "normal."

But then I started to think. What if sharing the little things could become the norm? What if we showcased our messy houses? What if we celebrated ourselves on a day without perfect makeup? What if we wrote about what our heart was singing, and not what the world was screaming we should do?

So, I did that. I'm not sure all the readers will connect, but our community is worth celebrating. Kindness is cool, and I wanted to remind people of that. The little things are the big things, and no matter what others say, they're worth shouting from the rooftops.

Top 10 alternate reasons to wear long underwear

FOR MANY of us, this is long underwear season. Most of us justify this as a way to keep our legs even warmer. But long underwear is even more versatile than that. Here are 10 alternate reasons for wearing long johns.

1. To cover up knobby knees.

STEVE GALEA
Humour Columnist

2. Because they are rarely ever frilly.
3. It always reminds me of our two of our tallest friends.
4. Because short underwear is never really comfortable.
5. Makes smuggling rulers more convenient.
6. Makes it way more time consuming for someone to pull your down pants.
7. If you ever need to escape from a tower window and have very long legs, there's your rope.
8. In a pinch, you've got a scarf.
9. Wear 12 pairs and no one will comment on your skinny legs again.
10. To highlight the holes in your pants.

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The sound of snow

If you're very quiet
Snowfall makes a sound
And you can perceive it
When it hits the ground
Seems like hush and whispers
Fanciful applause
For the folk who listen
Stand stock-still and pause
With a timeless wonder
Storybook in verse
Transfixed in enchantment
Magic can converse

Only when a young heart
Even if it's old
Stops the rush of living
Beauty to behold
Every sense affected
Ice-air in each lung
Ozone smell on north wind
Cold taste on the tongue
Memories of family
Innocence and time
World felt small and cozy
Each new day had rhyme

Nature keeps us trying
Gifting us with peace
Trees stay brave and swaying
Moon and sun don't cease
Finding hill horizons
Peering into skies
Measuring the colour
Spirit amplifies
If some snowy evening
You should stop by woods
Its exquisite music
Brings back all childhoods

Deborah J. Reed

Naturally Yours

Minden White Water Preserve - A sensory experience

RICK WHITTEKER

Special to *County Life*

The beauty of the Gull River at the Minden White Water Preserve is accentuated in the winter. /Photo by Thom Lambert

What strikes me most about snowshoeing at the Minden White Water Preserve (MWWP) is the spectrum of sound you will experience on this two kilometer loop. From the raging rumble of frothy water cascading over ice-capped rocks to the silence of a mature maple forest valley, the two seem more extreme when paired close together. Not to be outdone by sound, your visual dopamine will be stimulated by the sights on the trail include towering trees, a deeply gorged river valley and high forested ridges. The MWWP is a great destination for a multi-sensory snowshoeing experience.

The best access in the winter is off Horseshoe Lake Road where there is public parking. Bundle up, hoist your day pack and slip your snowshoes under your arm as there is a short walk up Horseshoe Lake Road towards Bethel Road leading you to the newly upgraded Horseshoe Lake Dam where you cross the river before donning your snowshoes. Following yellow trail markers, the trail gently rises as you head downstream along the Gull River. Your attention will be drawn to the continuous movement and sound below. Seemingly natural, there is a very human influence on the rushing waters of the Gull River at the MWWP.

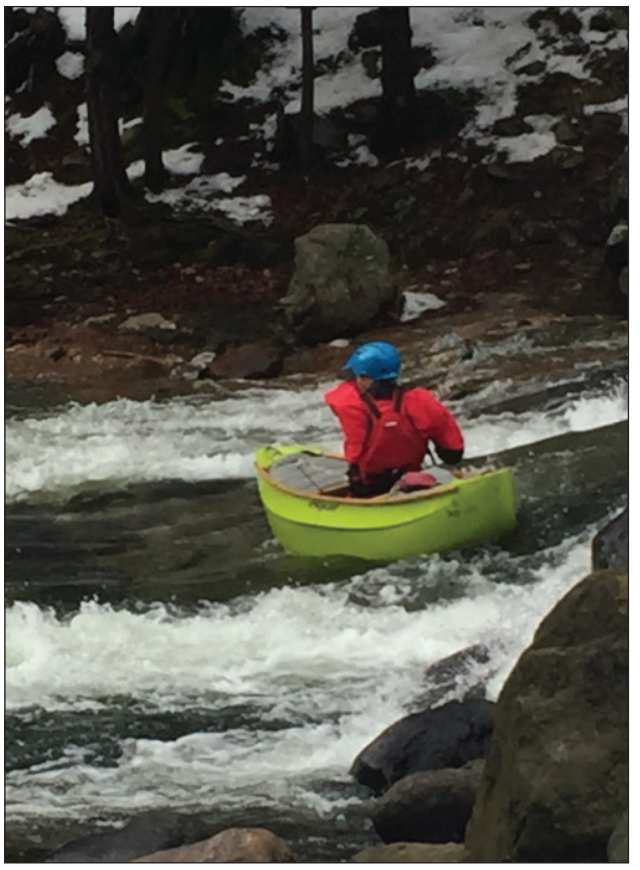
To gain insight into this, I contacted Thom Lambert. Thom knows the history of the river modifications through his years as an avid white-water kayaker, past manager of Boatwerks in Minden and as a faculty in the Ecotourism Management program at Fleming College. Thom explained that the width of the river was changed about 30 years ago by Whitewater Ontario. Loads of fill and rock was dumped on right side of the river looking downstream, effectively funnelling the river flow into a narrower space creating rapids suitable for competitive kayaking and recreational paddlers.

Other modifications pointed out by Thom include strategically placed sets of boulders into points of rock jutting out into the river. This funnels the water into a tighter space generating high volume rapids with calm eddies behind them. Large concrete blocks were placed across the river at these narrow points producing sharp drop offs. This sudden drop leaves a void where the water recirculates back upstream creating holes or hydraulics. For skilled recreational playboaters, these areas are fun zones to practice their tricks like surfing and cartwheels.

The trail is dwarfed by stands of towering Eastern Hemlock. Thriving in cooler, damp environments, this shade tolerant tree was largely ignored by early timber barons in favour of its much fancier cousin, the White Pine. However, hemlock has some good qualities like being resistant to rot and insect damage due to the high concentration of tannin in its bark and woo d fibres. Because of this and its widespread availability, many century old barns in southern Ontario were constructed with hemlock; a testament to its durability.

Looking closely, several of the hemlocks have distinctive rows of small holes called sap wells made by the Yellow-Bellied Sapsucker. As mentioned in *County Life*, Jan. 12 edition, the Sapsucker has a bush tipped tongue which helps lap up the sweet sap drawn from the cambium layer of trees. Preferring the sweetness of maple and birch sap, I have also witnessed, outside my kitchen window, the sapsucker's preference for mountain ash sap. Providing nourishment for many, I watched as these sap wells were visited by countless number of wasps, bees, butterflies and a myriad of other insects. Sap wells are also linked to the early arrival of the Ruby-Throated Hummingbird; they depend on this sweet food source before flower nectar becomes available later in the spring.

Further along the trail, watch for the sign for Whitehorse Falls. This is a great spot to drop down to the riverside for a closer look. The short, rugged drop is worth the effort to really feel the power of the river. Flat, safe space is available for ground level photo opportunities with tree clad shorelines framing the twisting, tumultuous flow and artistic ice sculptures formed by the combination of mist, wind and cold.



Brave winter paddler negotiates swift current at the Minden White Water Preserve. /RICK WHITTEKER Special to *County Life*

Carrying on further down river, keep going straight at the bottom of the rapids where the river flattens out. It is here that the steady downhill snowshoeing ends and the trail starts a gradual uphill ascent. Following the now calm waters of the Gull River before making a 180-degree turn, there are signs and barriers to keep snowshoers from straying onto private property.

The trail becomes surrounded by trees and forested ridges, and what struck me about this was the quiet as the cacophony of river sound is replaced by the silence of a mature maple forest. On my snowshoe hike, the quiet was only briefly pierced by the loud, croaking call of a raven. Often mistaken for the crow, the raven is a year-round resident, is about 30 per cent bigger, has a throatier call, thicker beak and, when in flight, the raven's tail feathers are rounded like a paddle instead of straight cut like the crow.

All members of the Corvid family (Blue Jays, Gray Jays, Crows and Ravens) are mimickers, but ravens are the masters, capable of making up to 100 different vocalizations, some sounding like bells, a barking dog or a car alarm! Watch what you say around ravens as they can be taught to mimic human words better than parrots! To further emphasize the ability of this intelligent opportunist, ravens have been observed making a call like a howl to attract wolves to a carcass, thereby gaining access to protein normally inaccessible because their beaks cannot break through the tough hide of a mammal.

Eventually the yellow trail markers will lead you to the open camping area and facilities managed by Whitewater Ontario. You can either carry on straight to Bethel Road and make your way back to your car along the road or you can snowshoe back down to the dam where you started. Either way, you will have completed a wonderful snowshoe hike, filling the senses and exercising the heart at this great destination in Minden Hills.

Acknowledgement

I would like to respectively thank Whitewater Ontario and Orillia Power Generation for allowing folks to hike and snowshoe on their property. It is also important to respectfully recognize that the Minden White Water Preserve is located on Treaty 20 Michi Saagiig territory, and in the traditional territory of the Michi Saagiig and Chippewa Nations, collectively known as the Williams Treaties First Nations, which are Curve Lake, Rama, Hiawatha, Alderville, Scugog Island, Beausoleil and Georgina Island First Nations.

We acknowledge a shared presence of Indigenous nations throughout the area, and recognize its original, Indigenous inhabitants as the stewards of its lands and waters since time immemorial.

This recognition is a small step towards reconciliation.

Grooming for Healthcare hits the trails

Haliburton County Snowmobile Association (HCSA) volunteers and Haliburton Highlands Health Services Foundation (HHHSF) board members gathered around a groomer to kick off Grooming for Healthcare, a fundraising campaign for HCSA to donate $1 to HHHSF for every hour of grooming time the designated groomer spends on the Trans Ontario Provincial B103 trail. /VIVIAN COLLINGS Staff

Highlands Summer Festival
Season Pass Sale

Sale ends January 31st

Here's what is on the Northern Lights Performing Arts Pavilion Stage next summer

DAN NEEDLES in
More Confessions from the Ninth Concession
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HSF
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Highlands Summer Festival
Do something Dramatic this summer

Saplings

Ice cloaking boulders, bulging from Snow,
sealing the softness of moss, as I feel the cool
smoothness with my fingers,
lingering at this spot on the trail, cloistered by slopes
of pines,
saplings growing amongst their forbearers, that
tower above them, protecting them from Wind and
storms,
the silence of this forest monastery, amplified by
Snow, unsullied by footsteps,
only the traces of a creature, dimpling the trail,
winding its way up into the shrine of pines.
I trace the contours of the boulder, its crevices and
cracks, a clump of moss trapped beneath its sheathe
of ice,
wondering how old this boulder is, maybe as ancient
as the clay-coloured Sky, that canopies us,
the smudge of lunar Sun, casting the palest of glows,
onto Snow.
Rivers of ice, cascading along the flanks of boulders,
some, dangling like fangs, others, like sabres,
as I walk in wonder along the trail, inhaling the
pureness of Air, the stillness of Snow, barely noticing
that I feel cold,
the quiet, cloaking me, like a shawl, sprawling inside
me, too, my steps, not muffled by thoughts,
only the clomp of my boots, denting Snow.
I reach a clearing, where the trail blends into the
scratches of trees, poking from Snow, beneath a wid-
ening Sky,
the silhouettes of hills, curving like spines, in the dis-
tance, and I want to keep walking towards them,
but I meander towards a bench, instead, to rest my
Breath and listen to the specks of invisible birds, chirp-
ing in a tree, somewhere near me.
I don't recognize the birdsong, maybe chickadees,
the sound, gentle as a forest stream, murmuring in the
Snow,
as it trickles through Air, tickles my frozen ears, the
only sound I hear, as my eyes drink in Sky and hills
and Snow,
the landscape that surrounds me, hollowing out a
space inside me, to allow peace and calm to bloom,
out here, amongst the trees, beneath the deepening
layers of Sky, room to just breathe and be,
before I plod my way back along the trail, pausing to
stroke the smoothness of a boulder, cloaked in ice,
the clump of moss, its softness sealed in a hard
armour, like people, sometimes.
I peer up at the pillars of pines, growing so close
together, yet still having enough space to thrive,
saplings, half-buried in Snow, not knowing how tall
or wide or deep they will grow,
their roots, strengthening beneath the earth, as their
elders protect them, 'till they no longer can,
and the saplings outgrow them, sharing Air in the
forest, throughout their whole lives,
weathering storms, and for a moment, I stop, my
boots rooted to the Snow, grateful to be Alive,
quietly thanking the ones who made it so, wonder-
ing whether they know, whenever I weather a storm,
whether they have a hand in its passing, sometimes,
as I resume clomping along the trail,
a chorus of invisible birds, chirping, somewhere in
their tree, serenading my steps and Breath
as I inhale trickles of their winter song.

Sylvie Kalenda

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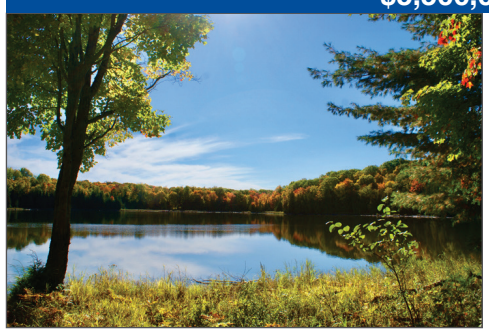

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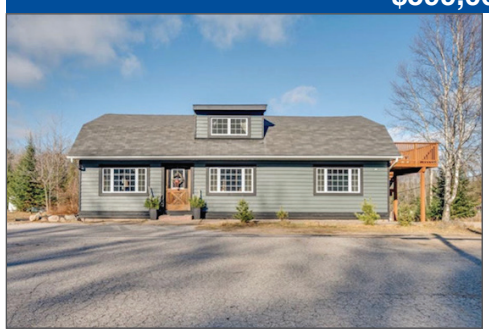

This fantastic corner property is commercial/ residential zoned that offers prime visibility for maximum exposure. Work, live and play under the same roof.

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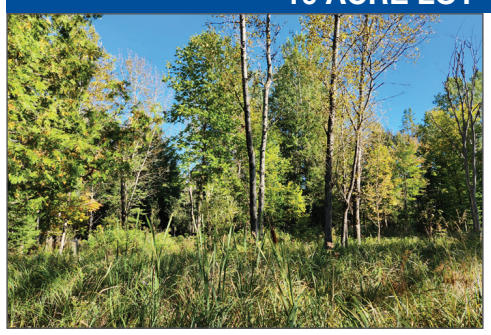

Close to Horseshoe Lake Public Beach, Boat launch and the Minden Wild Water Reserve. Ten minutes from the town of Minden. A great potential building site at the east side of the property, overlooking the marsh. Hydro is at the lot line.

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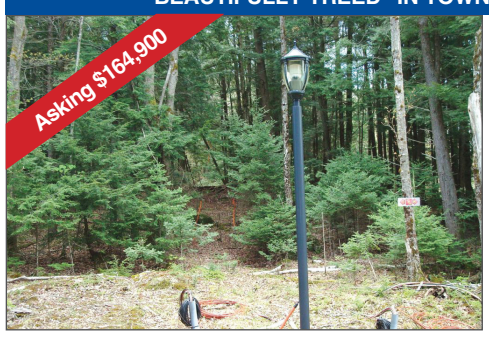

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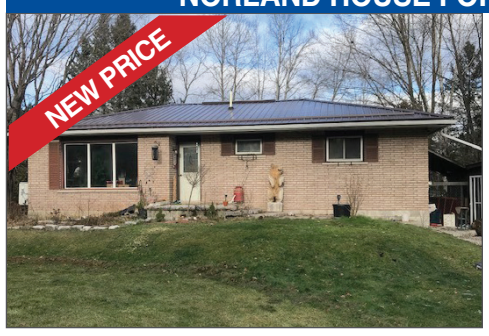

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Thank you to so many generous individuals, groups, and businesses, including:

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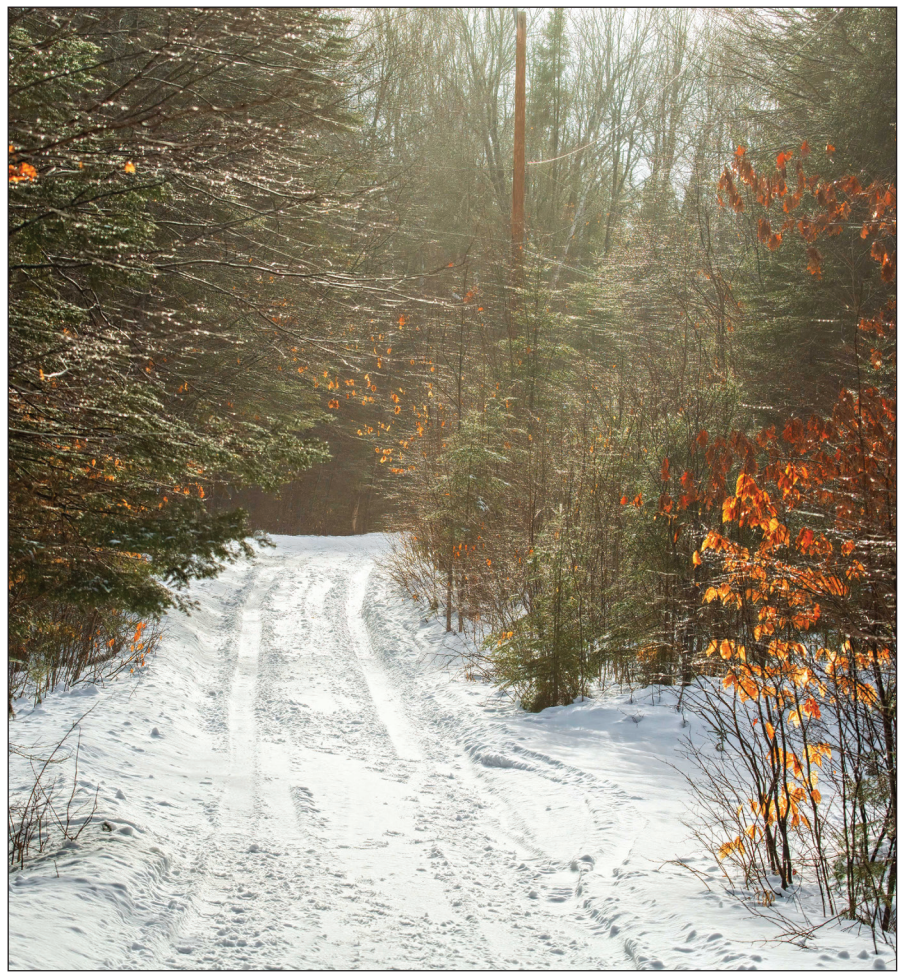
Ann Varty ..... Peter Varty
Boyd Carr ..... Toni Carr
Wilda Shuyer ..... Beatrice Berry
Enid Freeman ..... Jean Freeman
Rodger & Nancy Thomas ..... Tom & Win Cooper
Bonnie Quinn ..... Grant Quinn
Annie Cochrane ..... Dr. Kevin
Kennedy Family ..... Ingram Wessell
Wm McAfee ..... Gladys McAfee
Stuart Hayward ..... Edgar Lewis
Jack Ladly ..... Karen Brown
Douglas Fraser ..... Debbie Fraser
Cathie & Charlotte Brynes ..... All Medical Staff
John Heginbottom ..... First Responders
Margaret Schepers ..... First Responders
Judy Hardy ..... Keith Hardy
Margaret Small ..... Bill Small
Joan Willhelm ..... Barry Willhelm
Lynda Litwin ..... Ed Litwin
Dwight Thomas ..... Madeleine Thomas
Sybil Roodenburg ..... Barbara & Ed Braithwaitea

Nature in your backyard

County Life welcomes photo submissions depicting life in the Highlands. Email vivian@ haliburtonpress.com. Please ensure images are high resolution - 200 dpi, 10 inches at its longest edge.

A chickadee perches on a sunny day. /Submitted by Jill Moulton



Trees glisten in the sunlight. /Submitted by Tammy Nash

The sun catches ice crystals on a branch. /Submitted by Tammy Nash

HALIBURTON COUNTY HUSKIES

Home Games
S.G. Nesbitt Memorial Arena

WWW.HUSKIESHOCKEY.CA

Saturday, Jan. 28 @ 4:00 p.m.
vs Wellington Dukes

Sunday, Jan. 29 @ 3:00 p.m.
vs Burlington Cougars

Saturday, Feb. 4 @ 4:00 p.m.
vs Caledon Admirals

For more information please visit our website

Legion Events

Branch 129 Haliburton

Mondays: Bridge every Monday at 1 p.m. Schofield Room.
Tuesdays: League darts starting at 7 p.m. Haliburton Army Cadets practice 6:30 to 9 p.m. (Sept to June)
Wednesdays:
Bid Euchre 1 p.m. start – Main Hall.
Bingo doors open at 6 p.m.
Bingo starts at 7 p.m. $500 Jackpot
Thursdays: General Meeting third Thursday of the month, starting at 7 p.m. All members urged to attend.
Ladies Auxiliary last Thursday of the month at 1 p.m.
Fridays: Meat draw has five draws, five prizes each draw, first draw at 4:30 p.m., last draw at 6:30 p.m. Tickets are $2 per draw. Ed Pickard, MC.
Friday fun darts from 4:30 p.m. and onwards.
Saturdays: 50/50 Draw 4 p.m. draw – tickets are $1 each available in the Clubroom.
Whether you're planning a function for 10 or 200, for more information call the Legion today at 705-457-2571, email rcll129@outlook.com or visit haliburtonlegion.com. Come on out and support Haliburton Legion Branch 129 ... everyone is welcome!
Club room hours: Mon. 3 to 6 p.m., Tues. 3 to 9 p.m., Wed/Thurs. 3 to 6 p.m. Fri. 3 to 7 p.m. and Sat. 3 to 6 p.m.

Branch 636 Minden

Lunch - Monday to Friday
Monday: Rug Hookers every second week. Bid Euchre 1 to 3 p.m.
Tuesday: Food 5 p.m. Canoe FM Bingo 6 p.m.
Thursday: Cribbage 1 to 3 p.m., Darts 7 to 9 p.m. and Euchre 7 to 9 p.m.
Every other Friday: Karaoke 8 to 11 p.m.
Friday Fish & Chips & Wings. Lunch 11a.m. to 2 p.m. and Dinner 4 to 7 p.m.
Every other Friday Karaoke 8 to 11 p.m.
Saturday All Day Breakfast 9 a.m. to 2 p.m. with three Meat draws at 11 a.m.
Call ahead any day for take-out: 705-286-4541
Schedules are subject to change without notice. Check our Facebook page Minden Legion Branch 636 for more info.

Wilberforce

Jan 26: 2 to 6 p.m. HHHS Social Rec 10-1pm Exercise & *If I Should Fall*, a Canadian Military Documentary
Jan 27: 2 to 9 p.m. Diners Club 12pm $15/person. Call Denice Butler 705-448-8865 to book. Pool 2 p.m. Wing night and Jam session 5 to 8 p.m.
Jan 28: 2 to 6 p.m. Pat & Phylis Gallen Memorial Lake Trout Derby. Meat draw 3 p.m.
Jan 29 to 31: Closed
Feb 1: 2 to 6 p.m. Darts 2 p.m. Everyone welcome!
If you are planning a function for social or other event providing our guidelines/ conditions are met, please feel free to contact us at 705-448-2221.
Friday dinners are in jeopardy due to lack of volunteers. Janice S. needs to step back so if interested please reach out ASAP to help. Young people come out and show the elders how it's done!

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Deadline Thursday at Noon.

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580 NOTICES

Call to Enter The Haliburton County Tour De Forest Summer Studio Tour is looking for both host & guest artists/crafts people to participate in the 2023 Studio Tour. To apply: Visit haliburtontourdeforest.com Email: tourdeforest2023@gmail.com Or call Tom Green at **705-286-3628** Deadline is February 10, 2023

Haliburton County Fair Annual General Meeting Saturday January 28th 2023 1:00 p.m. Being held at Highland Hills United Church 21 Newcastle St Minden Renew memberships Election of New Officers Everyone Welcome to Join our Team New People New Ideas = Great Success! Come out and support your Fairboard

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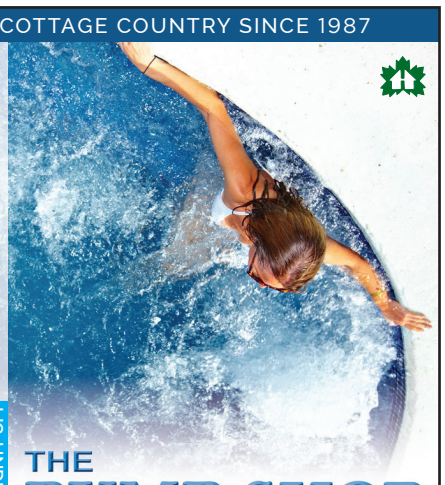

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H22-151A

$250
Bi-Weekly Taxes-In @ 8.99% APR, 60 Months

251,720kms
4WD, 5.3L, Leather, Heated Seats

$22,998
+ HST & Licensing

2017 JEEP GRAND CHEROKEE LIMITED
H17-904A

$302
Bi-Weekly Taxes-In @ 8.99% APR, 72 Months

104,719kms
V6, Panoramic Sunroof, Tow Package

$31,990
+ HST & Licensing

2018 JEEP WRANGLER UNLIMITED SAHARA
H21-905AA

$372
Bi-Weekly Taxes-In @ 8.99% APR, 84 Months

58,262kms
LED Lights, V6, Heated Seats, Navigation

$44,000
+ HST & Licensing

2019 RAM 1500 LONGHORN
H22-138A

$478
Bi-Weekly Taxes-In @ 8.99% APR, 84 Months

61,927kms
Cooled Seats, RAM Boxes, Panoramic Sunroof

$56,900
+ HST & Licensing

2016 GMC SIERRA 3500HD HIGH COUNTRY
H22-171A

$647
Bi-Weekly Taxes-In @ 8.99% APR, 72 Months

109,770kms
Dual Rear Wheels, Cooled Seats, Diesel

$68,900
+ HST & Licensing

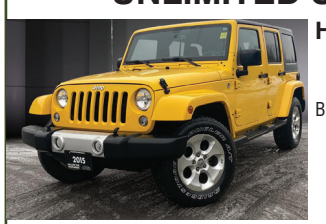
2018 JEEP GRAND CHEROKEE HIGH ALTITUDE
H19-910AAA

$377
Bi-Weekly Taxes-In @ 8.99% APR, 84 Months

76,092kms
Cooled Seats, Panoramic Sunroof, Air Susp

$39.998
+ HST & Licensing

2015 JEEP WRANGLER UNLIMITED SAHARA
H19-910AAB

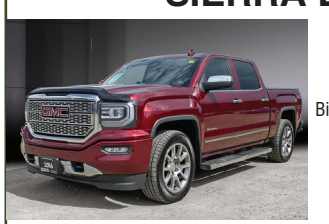


$358
Bi-Weekly Taxes-In @ 8.99% APR, 60 Months

83,217kms
Nav, Heated Seats, Tow Package, Bluetooth

$32,998
+ HST & Licensing

2016 GMC SIERRA DENALI
H22-014A



$354
Bi-Weekly Taxes-In @ 8.99% APR, 72 Months

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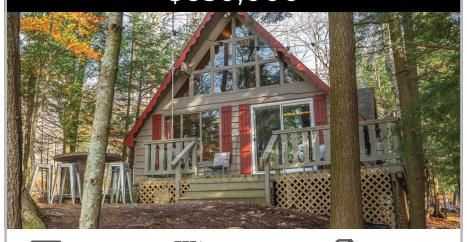

2 X BED | .496 ACRES | 670 SQ.FT
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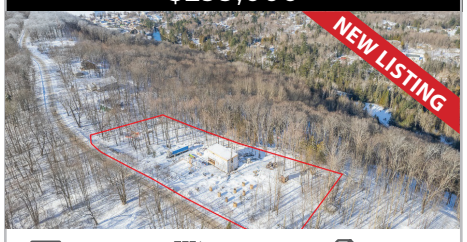

3 X BED | .675 ACRES | 850 SQ.FT
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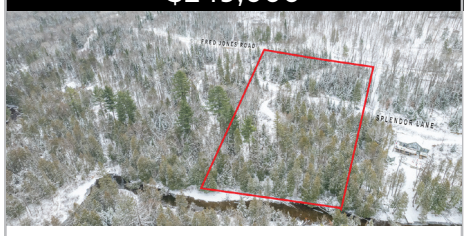

GREAT LOCATION | 2.87 ACRES
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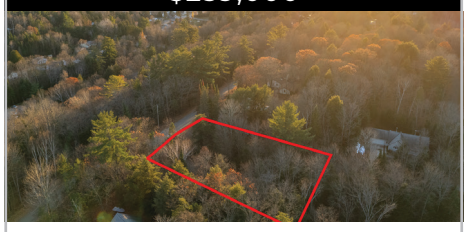

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